

In the past, shopping was a routine domestic task. Many people nowadays regard it as a hobby.

To what extent do you think this is a positive trend?

Going shopping is a part of our life. Some people like doing shopping it and they are happy if they can pick up things in the sales. I would like to say that at present shopping has become more exciting that than it used to be several descends decades ago. ~~in~~ this essay we are discusses about thinks things/factors that makes shopping as a hobby.

In the past, shopping was limited and maybe people didn't have purchasing power compared to these days. When modern refrigerators had not been invented people had to go to the supermarket to bought buy food products every day and this was a routine domestic's task.

Nowadays, we have lots of shopping malls with different brands and in supermarkets when people can see whatever you want people they want to buy all of them. In malls people can see a variety of things that makes people to buy and choose very easily. This can cause satisfaction of inner needs that is named diversity demand variety seeking which helps it secretes the happiness hormone of happiness of dopamine. When people ask meet positive answer to this need as a result they love shopping. Another things is that the influence of advertising and extending of internet people dealing with the latest fashion and design this can be tempt them to buy things even when they do not really need them. Moreover, it would be better for their health and doing sport.

In conclusion, I would like to say that more often than not shopping is both a must and a pleasant activity and certainly it's indispensable an unavoidable things. But sometimes it would be better to replaces it with other healthier activities.